

C R A I G

FACIAL PLASTIC & RECONSTRUCTIVE SURGERY
OTOLARYNGOLOGY

DIRECT MICROLARYNGOSCOPY

You have been scheduled for a direct microlaryngoscopy. This procedure uses a laryngoscope similar to the diagnostic tool the doctor has used in the office. Along with using the laryngoscope, to look at the structures deep in area of your larynx, it may also be used in combination with other instruments for removing tissue for biopsy or just removal of unwanted tissues, such as vocal cord nodules, etc.

POST-OPERATIVE INSTRUCTIONS

During this period of recovery it is important to rest your voice. This can mean no talking for 7 to 14 days. (Depending on what type of procedure you have undergone, Dr. Craig will personalize these instructions to fit the needs of your particular recovery time.)

1. Use of a humidifier for 10 days will be helpful (especially while sleeping) to keep the throat moist during the healing process.
2. Drink plenty of fluids to help thin secretions.
3. Please notify us if you experience any fever above 101° or an increase in swallowing difficulties.
4. Take all post-operative medications with plenty of liquid. It is also helpful to take them with food to prevent any upset stomach. You will be given prescriptions for an antibiotic, a pain medication and an anti-inflammatory (steroid).

If you have any questions regarding you post-operative period, i.e. medications, office visits, etc., please call our office at 567-4868.

We want to make your recovery period as short as possible. Don't hesitate to call us if you need assistance.